Important Fall Events

Sept. 6 – Welcome Reception at the Provost’s House

Sept. 11 – Guided Tour of Leonardo exhibit at Yale Art Gallery

Sept. 11 & 25 – Needler’s Meetings

Sept. 14 – Hikers to visit West Rock Ridge State Park

Sept. 20 – Bus trip to Mystic Seaport for “Vikings in Conn.”

Sept. 21 – Off Campus Art Film

Oct. 2 – Tour of renovated Dwight Hall on Yale’s Old Campus

Oct. 3, 10, 17, 24, 31 – Fall Lecture Series at the Yale West Campus

Oct. 5 & 12 – John Walsh lectures at the Yale University Art Gallery

Join us for the YUWO Annual

Welcome Reception
Thursday, September 6
4:00 to 6:00 pm
at the Yale Provost’s House,
35 Hillhouse Avenue
Make new friends!
Sign up for YUWO activities!

YUWO special tour

“Vikings in Connecticut”
Mystic Seaport
Thursday, September 20

To sign up, please use the Registration Form in this issue.

Fall Lecture Series
Five Wednesdays in October
3, 10, 17, 24, and 31

Subject of our Fall Series:
“STRESS: How we identify it, use it, treat it, maybe even like it! It’s all in the way we perceive it.”

To sign up for this series, use the Registration Form in this issue.

President’s Letter to the YUWO Community

YUWO Members and Friends,

Since my childhood, the new year has begun in September. YUWO Events start early this year with the Thursday, September 6, Welcome Reception and the deadline for the Fall Excursion to the Viking Exhibit on Monday, September 10. Please send in your dues and your registration forms as soon as possible to keep up with all the fall activities including the October Lecture Series “Recent Neurobiology Research on Stress” and the Lunch and Learn on “Self Driving Cars.” Details and sign-up forms are included in this Newsletter.

The Spring Members’ Survey had a healthy 39% response. The Board hopes to act on the Committee’s recommendations. YUWO can be more meaningful if members join small Activity Groups and Committees. Please consider our current Book, Scrabble, French, and Gourmet Groups or docent-led Yale Art Gallery or Yale Center for British Art tours with Art Aficionados. If you have energy and interest, consider organizing a new group suggested by our survey participants: Play Reading; Games (Bridge, Mah Jong, chess, cribbage, backgammon); Italian conversation; and Current Events.

Please contact me or my able Vice President, Betsy Rosenthal, who can help you join a current activity, start a new one or meet with other women in meaningful Committee Work and Board positions. YUWO is here for you and we hope that You are here for YUWO.

Mary-Jo W. Warren, YUWO President
YUWO Monthly Book Groups

Second Monday Afternoon at 2:00 pm:
  September 17 – *Little Fires Everywhere* by Celeste Ng
  Contact Pat Goldstein (203-535-0734) or patgoldst@gmail.com

Third Monday Afternoon (usually) at 2:00 pm:
  September 17 – *History of Wolves* by Emily Fridlund
  Contact Patty Pollard (203-668-6019) or pollpatty@yahoo.com

Second Tuesday Afternoon at 2:00 pm:
  September 11 – *Born a Crime* by Trevor Noah
  Contact Lyn Howe (203-606-0370) or lyn.howe66@gmail.com

Second Thursday Morning at 9:30 am:
  September 13 – *White Houses* by Judy Bloom
  Contact Audrey DeFronzo (203-230-0592) or amdct1103@sbcglobal.net

Needlers Invite You to Join Them

Welcome back! Our first get-together of the new academic year will be on **Tuesday, September 11 at 1:30 pm** at Dinny Wakerley’s house in Hamden. We will meet again on **Tuesday, September 25 at 1:30 pm**, however the venue has not yet been identified. Complete details of all get-togethers will be included in follow up notes closer to the dates.

As always, you are invited to bring your projects, or mending, or to come just for the conversation. Everyone is welcome. If you’d like to join us and aren’t on the Needlers’ email list, please contact Dinny for information and directions at 203-624-9343 or dinnyw999@gmail.com

Scrabble Group News for Scrabble Fans

Louise FitzSimons, Scrabble Group Coordinator, invites you to the Scrabble Group’s first meeting of this academic year on **Sunday, October 21 at 2:00 pm**. Thereafter, the group will meet on the third Sunday of each month. For further information, please contact Louise at 203-530-4671 or cavancomm@gmail.com

John Walsh to Lecture on Vincent Van Gogh

YUWO member Jill Walsh has just informed us that her husband, John Walsh, will be giving two lectures this fall on Vincent Van Gogh at the Yale University Art Gallery. These will be on **Fridays, October 5 and 12 at 1:30 pm** in the Gallery’s auditorium. These lectures are open to all, without charge.
Join YUWO on a trip to explore “Vikings in Connecticut”
with a private tour, lecture & lunch at The Mystic Seaport Museum
on Thursday, September 20.

Viking artifacts from the Uppsala University Museum in Sweden are part of an international exhibit now on display at Mystic Seaport along with the Vinland Map which is on public view for the first time outside of New Haven in more than 50 years. It brings to life the journey of the map from its initial discovery in 1957 to its acquisition by Yale in 1965; the research conducted by a team of hand-picked specialists to authenticate the map; and the events surrounding the unveiling on October 11, 1965 (the day between Leif Ericson Day and Columbus Day).

At the left is the Viking Mask at the Mystic Seaport Museum.

To register for this trip, please return the Registration Form found on the Registration Insert in this issue with the $75 fee. For questions, please contact Winnie Seibert at 203-458-6516 or winnieseibert@gmail.com

Lunch & Learn on “The Future of Driverless Cars”

The first Lunch & Learn of this fall will be held on **Tuesday, October 9 at 12:00 noon** at the Yale Visitor Center, 149 Elm Street. Our speaker, Eric D. Jackson, will discuss “The Future of Driverless Cars.” Dr. Jackson is the Director of the Connecticut Transportation Safety Research Center and an Associate Research Professor in the University of Connecticut’s Department of Civil and Environmental Engineering.

Please bring your own sandwich. We will offer coffee, tea, and a cookie.

The YUWO Annual Welcome Reception – Thursday, September 6th

Please join us on **Thursday, September 6 from 4:00 to 6:00 pm** for our Annual Welcome Reception at the Provost’s House, 35 Hillhouse Avenue, where all Activity groups will be set up to give you information about YUWO activities. You can learn about this year’s Lunch & Learn, the Fall Lecture Series, the various book groups, the tennis, golf, and hiking groups, the bus trip to Mystic, exploring Yale and New Haven, and much more! You can also pay your dues and/or donate to one of the four YUWO scholarship funds. Delicious food and drink will be provided by the YUWO Gourmet Group. Please join us!

YUWO Tennis News

Join a fun, multi-level group of your YUWO friends on the courts of the Yale Tennis Complex on **Tuesdays from 10:00 to 11:30 am**. If it’s cold outside, there is still tennis inside! Contact Carol Munch at 203-278-3862, or Susan Leonard at 203-689-5766, or sign up at the September Welcome Reception. We’d LOVE to see you!
YUWO Awards Six Scholarships to Women in the Yale Community

by Sandra Greer

For well over forty years, Yale University Women’s Organization has been very proud to support women in the Yale community in their pursuit of a completed education after delays or interruptions in the process. Through the generosity of all of the membership of YUWO, we will continue to do so for many years to come. The YUWO scholarship program has awarded 344 scholarships totaling over $404,000 since its inception in 1972. Awards in recent years have ranged from $1000 to $6500 for the academic year.

This past May 9 at the YUWO Annual Meeting, YUWO scholarships totaling $18,500 were awarded to six women who are furthering their education. The recipients are: Sharon Mack (Kay Ross Scholarship); Bayla Arietta (Magee Fenn Scholarship); Polina Mann (Gustave and Carol Lynn Sirot Scholarship); Stephanie Alderman, Kierra Jackson and Moya Meckel (YUWO Annual Fund). These awards support their developing academic careers, which involve medical technology, nursing, music technology and museum education. The six can be described as goal-oriented, persistent, and dedicated to their careers.

Stephanie Alderman received training in the ARMY National Guard as a medical lab technician in the field of respiratory therapy. As a unit therapist running the pulmonary rehabilitation program, it became evident that a degree in the field was essential to gaining a managerial role at the Hospital for Special Care where she currently is working and gaining important technical experience. Attending Western Governor’s University, the scholarship will allow her to reach her goal of completing her Bachelor’s degree, while attending college with three of her children!

Bayla Arietta has worked as a museum technician at the Yale Center for British Art since receiving her Bachelor’s degree. The scholarship will assist her in achieving her Master’s Degree in Museum Studies at Johns Hopkins where she will develop her career in collections management and museum education.

Kierra Jackson is continuing her studies at Yale School of Nursing to engage in the School’s dual specialty program in women’s health and midwifery. Her credentials will grant her access to the medical community to help influence policies and practices that are established and implemented, and to support women and families as they navigate labor and birth.

Sharon Mack is pursuing a nursing degree after having received an AS degree in Health Services. She has worked continuously as a patient care assistant at Yale-New Haven Hospital with a goal of providing nursing care in the Surgical ICU. Ms. Mack has a clear purpose in life to care for people, and has demonstrated her ability and skill throughout her life. She is a previous recipient of a YUWO scholarship.

Polina Mann is a music teacher at St. Thomas’s Day School who is using her scholarship to enhance her knowledge of music technology, which is necessary for effective music education. Her Master’s Degree in Music spurred great interest in the advanced technology required for today’s music education. The certificate she will receive will be enormously helpful to her career.

Moya Meckel will be completing her studies toward an MSN at Yale School of Nursing as an Acute Care Nurse Practitioner. She plans to pursue training to perform advanced nerve-block procedures for pre- and post-operative pain control under ultrasound guidance and to practice in the intensive care unit. Her long term goal is to work in an executive management role, believing strongly in developing executive management teams in healthcare systems which need more nursing voices to inform decision-making leadership.
YUWO Lecture Series for Fall 2018

This Fall’s Lecture Series titled “STRESS: Recent research on how we identify it, use it, treat it, maybe even like it! It’s all in the way we perceive it.” promises to be provocative, engaging and informative. The series will give us insight into the many ways stress and its impact lead us to understand and even appreciate the issues in our lives today.

The Series will bring internationally celebrated experts in the areas of basic science, social and research psychology, neuroscience, psychiatry, and political science. Each speaker will bring an awareness of their interests and research in areas where stress plays a part in searching for solutions to the problems we grapple with on every level. Each lecture will begin at 10:30 am.

- **October 3** – Stuart Firestein, PhD, Chairman, Department of Biology, Columbia University. Dr. Firestein will discuss his two insightful and provocative books, *Ignorance* and *Failure*.
- **October 10** – BJ Casey, PhD, Professor of Psychology at Yale will discuss “The Adolescent Brain: Arrested or Adaptive Development.”
- **October 17** – Amy Arnsten, PhD, Professor of Neuroscience and Psychology at Yale will discuss “Frazzled: The Neurobiology of Stress.”
- **October 24** – Molly Crockett, PhD, Assistant Professor of Psychology at Yale will discuss “Moral Outrage in the Digital Age.”
- **October 31** – Frances McCall Rosenbluth, PhD, Professor of Political Science at Yale, will discuss “Sex, Markets and Power” and will provide insights from her book *Women, Work and Politics: The Political Economy of Gender Inequality*.

The series is open to YUWO members, friends, and the public. All lectures will take place on the five Wednesdays in October at the Yale West Campus Conference Center. Directions to the Yale West Campus are in this issue. The fee is $65 per person; tickets are not available for individual lectures.

To sign up for this series, please use the Registration Insert in this Newsletter.

Directions to Yale’s West Campus for the Fall Lecture Series

**If you are driving from the north or east (New Haven),** take I-95 to exit 41 (Marsh Hill Road). At the end of the ramp, take a left onto Marsh Hill Road. At the next traffic light, take a left onto the West Campus Drive/I-95 northbound entrance ramp. Stay in the right lane and check in at the Welcome Center for directions to the Conference Center.

**If you are driving from the south or west (New York),** take exit 41 (Marsh Hill Road) and go straight ahead at the end of the exit ramp, across Marsh Hill Road, onto the northbound entrance ramp. Follow this to the fork, stay in the right lane and check in at the Welcome Center for directions to the Conference Center.
Touring New Haven to Visit Renovated Dwight Hall

We are pleased to share with you that the Local Tours committee has arranged for YUWO members to have a special tour of the newly renovated/restored Dwight Hall, Center for Public Service and Social Justice, (officially located at 67 High Street) on Yale’s Old Campus on **Tuesday, October 2 at 10:30 am**. Dwight Hall (the structure) is Yale’s second oldest building. Dwight Hall (the organization) is the sponsor of Yale’s Prison Education Initiative, its Social Innovation Lab, and much valuable student work within the New Haven community.

We will meet at 10:30 am the front door of Dwight Hall, just inside the Old Campus. Come in the main High Street gate, which will be open, and go to the building to the right (south) of the gate. The tour will begin with a presentation of the history and current programs of Dwight Hall and will conclude with a tour of the building which will highlight its past and present use. It will last approximately 1 1/2 hours. Their website is [www.dwighthall.org](http://www.dwighthall.org).

For questions, please contact Shavaun Towers Bennett at stowers@tps-lass.com or 203-915-1858.

YUWO Hikers to Visit West Rock Ridge State Park

All hikers are invited to join in a hike to West Rock Ridge State Park, 1134 Wintergreen Avenue, New Haven on **Friday September 14 at 10:00 am**. Please contact Patty Pollard (203-668-6019) or pollpatty@yahoo.com if you plan to join the hike or have any questions.

“Off Campus Art Films” invite you to join them!

The next meeting of this new Film Group will be on **Friday, September 21st at 1:30 pm** at the Willoughby Wallace Library, 146 Thimble Island Road, Stony Creek, Branford. The film to be shown is Art of Collecting. Thereafter Off Campus Art Films will meet on the third Friday of the month.

This group is open to everyone. There is no rsvp and no charge for the films, although a donation to the Friends of the Library would be appreciated. Parking at the Library is limited; parking on the street is allowed. For more information, please contact Pam Rackliffe at prackliffe18@gmail.com.

Art Aficionados to Visit the Yale Art Gallery for the Leonardo Exhibit

Anneke Hathaway has arranged for a guided tour for YUWO at the Yale University Art Gallery on **Tuesday, September 11 at 12:30 pm** of the exhibit, **Leonardo: Discoveries from Verrocchio’s Studio, Early Paintings and New Attributions**. We’ll meet in the lobby of the Gallery.

Please email Anneke Hathaway at aphathaway@gmail.com if you plan to join us on this exciting tour.
Yale University Women’s Organization
Membership Registration Form 2018-2019

Name____________________________________ Phone__________________

Address____________________________________
Street __________________________________ City________ State______ Zip____

Email_________________________________ @____________________
☐ Please check if you do not have email.

I am renewing my membership ______ I am a new member ______

YUWO Annual Dues $40.00

YUWO’s Fiscal Year is June 1, 2018 - May 31, 2019.
Please remit dues by October 15, 2018.

Thank you for your donation to any of these Scholarship funds:

YUWO Scholarship Trust Fund ______
Annual Scholarship Fund ______
Magee Fenn Scholarship Trust Fund ______
The Gustave and Carol Lynn Sirot Trust Fund ______

TOTAL Amount Enclosed: ______

Checks(s) are payable to “Yale University Women’s Organization” or “YUWO”

If writing one check please use the check memo line to indicate the amount and specific
scholarship fund donation in addition to your dues.

Note: Donations to YUWO Scholarship funds are tax deductible.

RETURN THIS FORM AND CHECK(S) TO:
Adrian Sterling
459 Prospect Street
New Haven, CT 06511

Yale University Women’s Organization is a not-for-profit entity, independent and separately organized from Yale University.
“Yale University” is a registered trademark and used with the permission of the University.
Make the most of your YUWO membership!

Attend the Welcome Reception, sign up for numerous activities,

tour renovated Dwight Hall,

see the Viking Exhibit at Mystic Seaport,

attend Lunch & Learn, subscribe to the Fall Lecture Series!